

Our  
community  
matters.



OUR  
MISSION

TO  
CHANGE  
LIVES  
THROUGH  
RECOVERY

215.276.3922

All day. Everyday. **24** Help  
**7**

SUBSTANCE  
USE TREATMENT  
PROGRAM

wedgepc.com



## OUR APPROACH

At the Wedge we see substance use treatment as a relationship between the individual seeking treatment and the clinical team. The treatment team is made up of the assessment specialist, counselor, psychiatrist, nurse, certified recovery specialist, and clinical director.

We approach substance use treatment from a *recovery-oriented* and *person-centered* approach, recognizing that there are many factors that lead people to come to treatment. We identify that there are intrinsic *strengths* in every person we serve. Their *resilience* leads us to respect their right to *self-determination* as together we craft treatment plan goals to create hope and bring dreams into reality.

WEDGE RECOVERY CENTERS  
WERE DESIGNATED AS AN  
OPIOID USE DISORDER  
CENTER OF EXCELLENCE  
BY THE GOVERNOR OF  
PENNSYLVANIA IN 2016.

YOU ARE NOT ALONE  
THERE IS HOPE

Go to  
[wedgpec.com](http://wedgpec.com)  
to see live testimonials.

## ENROLLMENT

Intakes are offered Monday through Friday, with some evening appointments available. Urgent requests can often be accommodated quickly, often same-day. A trained clinician completes an initial assessment, and works with the individual to develop a treatment plan. Individuals are referred to either the Intensive Outpatient Program (IOP) or Outpatient (OP) program, depending on their need. In some instances, a detoxification program may be required prior to enrollment. Once admitted to the IOP or OP program, individuals are quickly assigned to a counselor and they are able to design a treatment schedule that meets their needs. Evening & Saturday group therapy sessions are also available. Lastly, individuals requiring Medication-Assisted Treatment (such as buprenorphine or naltrexone) for opioid or alcohol use disorders will be triaged by our nurse, then further evaluated by our psychiatrist, to determine the appropriate treatment options. Our psychiatrists are also able to provide medications for co-occurring mental health conditions.

AN ESTIMATED 8% OF AMERICANS  
ARE IN NEED OF TREATMENT  
FOR A PROBLEM RELATED TO  
DRUGS OR ALCOHOL, BUT ONLY  
LESS THAN 1% RECEIVE TREATMENT  
AT A SPECIALTY FACILITY.



## TREATMENT

Group and individual counseling is offered to IOP participants starting at 9 hours and up to 19 hours per week. OP participants are offered up to 9 hours per week. The counselor and participant collaborate in the development of their treatment schedule to include group therapy, individual therapy and psychoeducational groups. Our counselors also encourage the involvement of family, friends, and other significant people and ask individuals to have members of their family, family of choice, close friends, and other social service providers get involved in helping achieve their goals. Individuals enrolled in the IOP program will generally “step down” to the OP level of care after the completion of IOP goals. We follow a *person-centered* approach to treatment so the total length of time in treatment is unique for each person. The staff at the Wedge work to help individuals achieve their goals at the pace that works for each person in treatment. For individuals that require additional care the Wedge provides referrals to community supports and other Wedge programs, including our Mental Health Outpatient Program and Psychiatric Rehabilitation Services (Mental Health Day Program).

We provide evidence-based services, including Cognitive Behavioral Therapy, and our program is designated by the Philadelphia Department of Behavioral Health and Intellectual disAbility Services Evidence-Based Practice and Innovation Center (EPIC).



Facebook: [Wedge Recovery Centers](https://www.facebook.com/WedgeRecoveryCenters)



Twitter: [@WedgeRecovery](https://twitter.com/WedgeRecovery)

